



# Voice



## Interlochen Area Newsletter

Beulah, Chum's Corners, Grawn, Honor, Interlochen,  
Karlin, Lake Ann and Thompsonville

### March 2011 Events

#### March 1<sup>st</sup>

Running the Bases  
To a Homerun Business  
@ Giovanni's Restaurant  
5:30pm- 7:00pm  
RSVP by Feb. 27

#### March 9<sup>th</sup>

Chamber Board Meeting  
5:30pm

#### March 15<sup>th</sup>

Interlochen Chamber  
"Business After Hours"  
Interlochen Hair Studio  
5:30pm

#### March 17<sup>th</sup>

Basler Scholarship Concert  
Corson Auditorium 7:30pm  
St. Patrick's Day

#### March 18<sup>th</sup>

Interlochen Elementary  
School  
Family Fun Movie & Balloon  
Night  
6:00pm- 8:00pm

#### March 21<sup>st</sup>

Interlochen Elementary  
School  
PTO Meeting 7:30pm

#### March 28<sup>th</sup>

Public School Spring Break



### Notes from the President

As you may have noticed, this issue of the VOICE was not printed and distributed as it has been for many years. This was something we have been working on for about a year, and had no plans to change at this time. We wanted to make this change for two reasons. First we wanted to reduce our cost of getting this newsletter out, as there are many places of business that we distribute them to. Second, because of technology this newsletter can be available to everyone at any time on our web site, we can even e-mail it to you. We were looking at implementing this in a year. However, circumstances beyond our control have forced us to make this move now.

We hope this change is not an inconvenience to you. In fact, as mentioned above, we can put you on an e-mail list and send you a copy of the VOICE each month electronically. We will be sending a copy to all Chamber Members whom we have an e-mail address on file. If you would like to be added to the list and receive the VOICE electronically, please contact the Chamber Office.

The monthly meeting of the Interlochen Area Chamber of Commerce is held on the second Wednesday of each month at 5:30 pm. Currently the meeting is being held in the Conference Room at Tom's Food Market in Interlochen. I encourage the IACC membership to attend these meeting; we welcome your input as to what you would like to see from the Chamber Board. We also want you to be informed on events that we will be working on. Because the meeting location sometimes changes, please look in the VOICE now on our website to confirm meeting location.

Tom Ingold

The Interlochen Area Chamber of Commerce would like to sincerely thank Bob Allard with Conventional Graphics, Inc. for the past 25 years of printing the VOICE newsletter. His dedication to the Interlochen Chamber has been "ABOVE AND BEYOND". We would also like to thank Sandy McAndrews for her layout work on the VOICE and Tricia Robertson for delivering the newsletter.

### New Chamber Member



**Interlochen Fitness and Aquatics** recently joined the Interlochen Area Chamber of Commerce. Owned by Nancy Watkins this new fitness facility has an intimate, personal setting for you to peruse your health and fitness goals. The location is convenient and Nancy has more than 25 years of experience in the health and fitness industry.

The facilities include a 60' heated indoor pool for lap swimming and aquatic classes, cardio equipment, stair-masters, weight training, free weights and much more. To contact **Interlochen Fitness and Aquatics** please call 231-276-3137



## Health Corner

### Massage Therapy as Part of Your Winter Wellness Plan!

By Jody Olsen, RN, CMMT

Getting a massage is no longer thought of as a luxury. Massage Therapy is now widely viewed as preventative and therapeutic. During the winter months not only is it a welcomed relief from the frigid temperatures outside but it can also boost your immune system, decreasing your chances of getting a cold or the flu.

Also, during the gloomy months of Northern Michigan many people suffer from SAD---seasonal affect disorder caused by decreased daylight exposure. Massage has been used in the treatment of SAD as it is reported to help with depression and stress as well as improve sleep patterns and increase overall energy.

The positive effects of massage therapy can be felt immediately, but for long-term effects it is advised to make them a regular part of your wellness plan. Truly, massage is more than a luxury---it is a vital part of self-care that has a ripple effect on us as we work, play, and care for others. Schedule your Massage TODAY!

## Interlochen Women's Club

The Club is suspending it's meetings until April 6<sup>th</sup>; when the Conservation Department will host the meeting at the Golden Fellowship Hall. For Information please call: Sue Messner At 231-276-6488

## Mark Your Calendar!

### Don't Miss The Annette Basler Scholarship Concert!

Interlochen Arts Academy Orchestra  
Thursday, March 17<sup>th</sup> 7:30pm  
Corson Auditorium

Proceeds from this concert will benefit  
The Interlochen Area Chamber Annette  
Basler Scholarship Fun



Tickets available at the Chamber Office  
Or visit: [tickets.interlochen.org](http://tickets.interlochen.org)

General Admission: Adults \$9.00 Students & Seniors \$6.00



## Grand Traverse Rural Fire Department Battalion 4 Green lake Township EMS

A recent study conducted by the U.S. Fire Administration, National Fire Data Center of information compiled from fire reports filed in the period 2002 through 2004 indicates that clothes dryers are a significant cause of structure fires in America. They accounted for 15,600 total fires, 12,700 of these occurring in residential structures. They were responsible for 15 deaths and 300 injuries. It also indicates that the vast majority of these fires were preventable as the major cause (70%) was listed as "failure to clean". Be sure your dryer is properly maintained and used with the following recommendations:

- Never put synthetic materials such as rubber, plastic, foam, or pieces of cloth that have been used to sponge up flammable liquids in the dryer, even if previously washed.
- Clean the lint out of the exhaust pipe and the rear of the dryer regularly. Be sure the exhaust piping is as short as possible. If you don't have the ability to thoroughly clean the length of the pipe, call a duct cleaning service.
- Clean the lint filter after each use and inspect it for rips. Replace it immediately if damage is found.
- The American Household Appliance Manufacturers Association (AHAM) recommends the use of UL approved rigid aluminum or steel duct or spiral wound aluminum flex hose, NOT white vinyl hose. All appliance manufacturers now state in their manuals not to use flexible plastic dryer ducts to connect the dryer to the vent.
- Never run your dryer when you are out of the house or asleep.
- Have gas fired dryers inspected by a professional annually not only for proper operation, but also to ensure that the gas line and connections are in tact.
- Always have working smoke detectors installed on all levels of your home.

More information can be obtained on this report at [www.usfa.dhs.gov/statistics/reports/](http://www.usfa.dhs.gov/statistics/reports/)

Yours In Safety,  
Michael Stinson  
Battalion Chief, GTRFD



# INTERLOCHEN

2011 Performing Art Series  
Faculty Recital: Yuri Namkung, Voilin  
Wednesday, March 2, 8:30pm

Arts Academy Theater  
"Cyrano de Bergerac"  
Friday, March 4, 7:30pm

Arts Academy Guest Artist Exhibition  
Saturday, March 5<sup>th</sup> 6:00pm

## \*\*Business After Hours\*\*

Will be held March 15<sup>th</sup>

At the Interlochen Hair Studio @ 5:30pm

Join the Interlochen Chamber to network and socialize. Bring your business cards as there will be a door prize. Light refreshments will be served. Business owners and the Community are invited.

(\$3.00 Chamber members \$5.00 non-members)  
Interested in hosting a Business After Hours?  
Please call Harold At 276-935



Come celebrate with us!

## Blair/Interlochen School Readiness/ Way to Grow Activities

Monday, March 7<sup>th</sup> 10:30 – 11:45

Gym time Interlochen

Thursday, March 17<sup>th</sup> 10:00-11:15 Gym Time Blair

Activities are free and open to the public. All Activities are for families who have children birth to 5 years old. Come and Join the Fun.

If you would like to learn more about the TCAPS Way to Grow Program, please call: Kathy at: 342-9772

## INTERLOCHEN COMMUNITY SCHOOL



**March 4<sup>th</sup>-21<sup>st</sup> – Chocolate Bunny Fundraiser** All money due by March 14<sup>th</sup> Delivery dates April 14 & 15<sup>th</sup>

**Friday, March 18<sup>th</sup>, 6pm- 8pm – Family Fun Movie & Balloon Night** \$1.00 admission. Doors open at 5:45pm Movie starts at 6:15pm, Balloon Night in the Gym \$1.00 Bingo! Hofbrau's pizza and snacks for sale.

**Monday March 21<sup>st</sup> -7pm PTO Meeting** School Library – Free childcare provided in the gym.

## Past Times in Interlochen

by Art Stickles



### Penny Candy

For awhile my family lived in the village of Buckley. I have lots of memories of Dr. Purdy and Gladys Nisewander, his nurse and pharmacist. She worked in the Doctor's Drug Store and was also in charge of what I thought at the time was the most important counter, The Penny candy counter. What a thrill it was to go in the store with one or two pennies to spend and have Gladys, in her very friendly way, make you feel so special and receive from her a one cent Baby Ruth Bar and a one cent roll of Life Savers. When we moved back to Interlochen, I really missed Gladys and her penny candy counter.



## March

## Interlochen Public Library

Events 231-276-6767

[www.interlochenpubliclibrary.org](http://www.interlochenpubliclibrary.org)

### Library Hours:

Mon, Tues, Friday, Sat. 9:00-5:00

Wednesday & Thursday 9:00-8:00

- March 2<sup>nd</sup> Evening Book Discussion Group  
6:30pm The Help by Kathryn Stockett  
March 9<sup>th</sup> IPL Board of Trustees Meeting  
March 10<sup>th</sup> Morning Book Discussion Group  
10:00am When Your Number's Up  
by Raymond Ross, Phd.  
March 17<sup>th</sup> IPL Friends Board Meeting

### Preschool Story Hour

Wednesdays at 10am and 1 pm

### Baby Play Time

1st & 3<sup>rd</sup> Fridays of the Month at 10am

### PJ Nights

3<sup>rd</sup> Wednesday of the Month at 6:30pm

### Katie "The Therapy Dog"

Read to Katie 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of every month 4-6pm



## AAA Tree Service

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## Larry A. Wareck, DDS

Walk Ins & New Patients Welcome  
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Interlochen Plaza in town convenient location  
2120 M-137, Interlochen, MI 49643  
231-276-9051



## David E. Wilson, CPA

Tax, Financial Advising, Small Business Consulting  
3015 M-137 S, Interlochen (231) 276-7668  
email: david.wilson@davidwilsoncpa.com

## Jessica A. Rickert, D.D.S.

2506 M-137 --- Interlochen, MI

Jessica A. Rickert, D.D.S. and staff would like to Congratulate  
our "Cavity Free Club" members and winner:  
Emily Hall



**(231) 276-6301**



## E Z Storage

Secure Inside and Outside Storage  
2101 Griner Parkway (behind Thirlby Auto)  
Interlochen, MI 49643 (231) 276-0233



2435 M-137 - Interlochen (231) 276-0174  
www.lakewoodpropertiesinc.com (231) 590-6470

## Interlochen Chiropractic (231) 922-8080

### Michael Winkler, DC

Interlochen: Tues & Thurs 3-6pm / Sat. mornings by appt.  
New location: Lochenwind Complex - Suite 400





## Nurturing Steps Wellness Massage

**231 534-5297**

Jody Olsen, RN, CMMT

Specializing in Women's Health

Lochenwind Plaza - Suite 500 (near Subway)

## SAIF Interlochen - Grawn

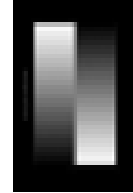
### Insurance Agency

Cliff Shanoski, President

9672 US 31 S. - Suite 300

231-275-1400 (Fax 231-275-1401)

cshanoski.kings03@insuremail.net



## Conventional Graphics, Inc. *Quality Commercial Printing and Graphic Design*

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## Earth & Hearth

Bakery - Deli - Catering - Internet Cafe

Farm & Craft Market 9am-2pm Sundays

231-276-9105 - earthnhearth.com

2515 M-137, Interlochen, MI

Candace Gorman - Melanie Martin

**No Insurance? High Deductible?**

231-943-3230

6176 US HWY 31 S.

In Grawn 3.5 miles east of Interlochen,  
just past Cherry Growers,  
2.4 miles west of Chum's Corner  
next to Abacus Tax Service.



**Your Health**

**Family Medicine**

**Dr. Deborah Warren, M.D.**



## Northwood Animal Hospital

Jennifer Klabunde, DVM, CVCP  
7966 US Highway 31, Grawn  
1 Mile East of Interlochen Corners  
[www.northwoodpet.com](http://www.northwoodpet.com) 231-276-6361

## Redeemer Lutheran Church of Interlochen

P.O. Box 184, US 31 at Rogers Rd.  
Interlochen, MI 49643 (231-276-6372)  
Rev. Timothy J. Brand - Vacancy Pastor  
9:00am Sunday School  
10:30am Sunday Worship Services



# MUNSON HEALTHCARE.ORG

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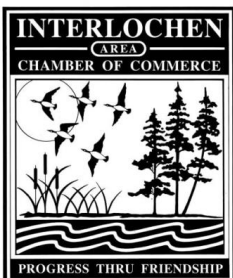


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9475 Market Dr. (US31 & M137)  
[www.toms-foodmarkets.com](http://www.toms-foodmarkets.com)  
PHONE: (231) 944-1552

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## Interlochen Area Chamber of Commerce 2011 BOARD OF DIRECTORS:

President - Tom Ingold      Vice President – Jane Deering  
Treasurer - Barry Bialik      Secretary- Melanie Olsen

### 2011 BOARD MEMBERS:

Bob Allard, Becky Johnson, Bob Trekles, Laura Turmel, Sandy Wagen

CHAMBER OFFICE DIRECTOR: Laura Franke